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2026

4th INTERNATIONAL SYMPOSIUM

CHRONIC FATIGUE SYNDROME, LONG COVID AND POST INFECTION SYNDROMES

EDUCATIONAL SYMPOSIUM OF THE EUROPEAN BOARD OF CLINICIANS, RESEARCHERS AND PATIENT ASSOCIATIONS FOR CHRONIC FATIGUE SYNDROME

EMERG / EMECC / EMEA

ORGANIZERS

"Dedinje" Cardiovascular Institute

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Република Србија
МИНИСТАРСТВО ЗДРАВЉА

ДЕДИЊЕ

ЛЕКАРСКО ЛЕКАРСКО 1872

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EDUCATIONAL SYMPOSIUM OF THE EUROPEAN BOARD OF CLINICIANS, RESEARCHERS AND PATIENT ASSOCIATIONS FOR CHRONIC FATIGUE SYNDROME

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We are honored and pleased to invite you to the 4th INTERNATIONAL SYMPOSIUM titled CHRONIC FATIGUE, LONG COVID AND POST-INFECTION SYNDROMES, which will be held on November 13, 2026, at the Institute for Cardiovascular Diseases "Dedinje". The symposium is of particular importance as it is organized by the Institute for Cardiovascular Diseases "Dedinje" under the patronage of the Ministry of Health and supported by several institutions and associations:

The Association for Neurocardiology of Serbia, the Serbian Medical Society, the Section for the Autonomic Nervous System of the Serbian Medical Society, and the Association of Patients with Chronic Fatigue Syndrome and Syncope Crises. The symposium also holds international significance, as it is organized under the auspices of the European ME Alliance (EMEA), whose members are actively involved in organizing this and future events.

While the acute effects of COVID-19 have been well documented, the research community has recently shifted its focus toward the chronic consequences of the disease. About 87% of COVID-19 patients continue to experience at least one symptom two months after the onset, and up to 30% report at least one symptom six months later, even when SARS-CoV-2 is no longer present. This chronic phase has been labeled as "Long COVID," "Post-COVID Syndrome," or "Post-Acute Sequelae of SARS-CoV-2 Infection (PASC)."

Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS) is a highly complex and disabling, multisystemic chronic illness that affects millions worldwide. Despite its increasing prevalence and debilitating nature, it remains largely unfamiliar to the public and many medical professionals. Understanding of its etiology and pathophysiology is limited, diagnostic criteria are inconsistent, and guidelines for diagnosis and treatment are inadequate and outdated. Initially, the disease was defined simply as a "persistent or relapsing, debilitating fatigue of new onset and unknown origin," and diagnosis was based on the exclusion of other potential causes, often neglecting the importance of other symptoms.

Given the nearly identical symptomatology, the question arises whether we are dealing with one or two distinct syndromes. Hoping to successfully address these questions, we warmly greet you and invite you to take an active part in the symposium.

LOCATION

New Amphitheatre of Dedinje 2 Facility, First Floor
''Dedinje'' Cardiovascular Institute
Heroja Milana Tepica 1, 11040 Belgrade, Serbia

WITH SUPPORT

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